



PLAY AND LEARN ZONE

Bradford Junior Youth Inclusion Programme

Bradford District Health Partnership Health Partnership

Spring Bank Holiday Activities 2005

A highly successful project was delivered in partnership with Bradford District Health Development Partnerships, PALZ, The Children's Fund. It is hoped that this partnership, funded by NOF and the Children's University, will develop and expand in the future to cover more JYIP areas.

Aim and Objectives

Aim

- To support health and emotional well-being and to ensure children and young people at risk of social exclusion are included.

Objectives

The following Objectives are in line with the principles of Prevention, Partnership and Participation, which are central to the government green paper, 'Every Child Matters', and address the 5 outcomes:

- To provide out-of-school activities to include young people at risk of social exclusion
- To provide a programme of activities, delivered by skilled practitioners, related to health and emotional well-being, which is in addition to existing provision
- To work in partnership with statutory and voluntary services to develop the provision of out-of-school activities
- To support the development of life skills enabling young people to achieve their potential
- To involve young people in the evaluation of the programme



The project engaged an average of 145 children and young people a day in health, art and science related activities in 5 areas of Bradford.

The impetus and interest in running the project began in the Bradford District Health Development Partnership, but led to the establishment of a significant multi-agency Partnership. A raft of exciting sport, art, dance and healthy eating activities was put together, and the project was eventually rolled out through the Bradford Children's Fund Junior Youth Inclusion Programme (PALZ) and Springwood Primary School.

Funding from the New Opportunities Fund (NOF) and the Children's University, that had been allocated for Health, Art and Science-related learning activities, enabled this project to go ahead. Additional funding, support or resources from the other agencies in this newly established partnership enabled the success and rollout of the project.

The partnership included Bradford and District Health Development Partnership (BDHDP) (including the Food Network), Bradford Children's Fund, PALZ and their providers (BYDP - Manningham & Girdlington, JAS - Wyke, On Track - Bradford 3), Manningham Healthy Living, Royds Community Association, Bradford Council Sport and Leisure Service, Sports Action Zone: the Community Sports Employment and Training Service and Springwood Primary School.

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Report

Over 120 young people aged 7-13 years took part in fun and healthy out of school activities during the Spring Bank Holidays, across the district.

Youngsters from across the District including Wyke, Bradford Moor, Manningham, Gillington and Heaton were invited to attend their local venue and enjoy free, organised activities including sports, arts for health, cycling and healthy eating.

To finish their week with a bang, all the youngsters came together on Friday 3rd June to celebrate their work and let-off their holiday steam! The girls from Wyke performed a fantastic street dance that they had been working on all week, in front of an audience of over 100 people. The On Track children from Bradford Moor displayed their artwork, consisting of fantastic felt pictures of vibrantly coloured fruits.

Following the performances the youngsters spent time at 7 fun stations, designed to be healthy at the same time. The stations included; cricket, netball, fun bikes, spray painting healthy slogans and healthy eating. After all the hard work was completed the children danced the night away, each leaving with a goody bag.

Anne-Marie Douglas, PALZ Co-ordinator said, "This initiative was just one of many across the district, providing out of school activities. The objectives of this program were to promote social inclusion related to health and emotional well-being; and to support the development of life skills enabling young people to achieve their potential."

Kate Naylor from BDHDP said, "It's one fantastic example of successful partnership working between statutory and voluntary services and just shows what can be achieved if we work together. I hope the work continues in years to come, for the youngsters' sakes!"

Rob Csik, PALZ Keyworker said, "Healthy eating - not much of an activity you might think, but it is when there are ten pairs of hands snatching at piles of freshly cut weird, wonderful and mostly delicious fruits and veg from around the world... they didn't save me any Mango!"

All in all, a very enjoyable event, enjoyed by the children."

