

## RESPECT RIGHTS RESPONSIBILITY

### *Quotes from young people*

"Treat people the way you want to be treated."

"Respect everybody's rights, be helpful, happy and make no racist remarks."

"We have responsibilities to care for our family, look after our community and to take care for our country."

"Everything made me understand more and learnt that don't matter what religion you are they have the same belief."

"We are all human, we all bleed the same blood and no one is different."

"Having an education and a good job can make younger people look up at you as a role model."

"Learn to treat others as you would like to be treated."

"To show respect to other people and our families and treat others as you would like to be treated yourself."

"Say what you would like to say, don't be abusive and to be able to state your feelings clearly with respect."

For more information on the programme, in the first instance contact:

Mohammed Aslam M.B.E. B.E.M  
01422 348045 - 07980 211 720  
aslam@himmat.org

OR

Paul O'Hara, Bradford YOT Manager  
01274 436064 paul.ohara@bradford.gov.uk

## OUR MISSION

"To offer young people the opportunity to develop their knowledge, skills, attitudes and confidence, thus enabling and empowering them to decide their own futures."

The Himmat Project was established in 1991 supported by a grant from the Home Office. By 1996 it had become a charity and a company limited by guarantee, with funding from multiple local and national sources.

Himmat has established successful partnerships with many local agencies, who are represented on the Management Committee.

Himmat is a unique project with no known parallel in the UK. If you would like any further information about The Himmat Project, please contact us. Alternatively, why not come down and see us in action at one of our centres?

**We believe our actions speak louder than words. You may even want to join us as a volunteer!**

## HIMMAT

The Himmat Project - 34-36 Hanson Lane  
Halifax - HX1 5NX  
Telephone - 01422 348045

## UMMID

Ummid - YMCA Building - McMillan Centre  
Dorset Street - Little Horton  
Bradford - BD5 0LT  
Te l e p h o n e - 01274 577866

aslam@himmat.org

Himmat  
Charity No. 1059600

Himmat is a company limited by guarantee  
No. 3277918



# HIMMAT

## RESPECT RIGHTS RESPONSIBILITY

*Giving young people  
a sense of belonging*



## RESPECT RIGHTS RESPONSIBILITY

*Giving young people  
a sense of belonging*

Bradford has a multi-racial community and is a place where diversity flourishes. Unfortunately some members of the community find it difficult to accept this for a variety of reasons such as fear, prejudice, stereotypes, profiling and ignorance.

**RESPECT RIGHTS RESPONSIBILITY** is a personal development programme that aims to instil a sense of belonging amongst young people and encourages tolerance, mutual respect and community cohesion.

Through the facilitation of this programme we have demonstrated that education can be a force for good and that through positive dialogue and an educational approach, it is possible to overcome the issues facing the community in understanding the wider cohesion agenda.

## HOW DOES THE PROGRAMME WORK?

The programme offers six modules that address a wide range of issues. The modules are delivered in safe settings by experienced staff using materials developed by Himmat for use with young people.

All the modules are structured to help develop a positive and constructive outlook amongst young people towards their place in the community and what they can contribute to it.

## RESPECT RIGHTS RESPONSIBILITY

*The Modules and Aims*

### 1 THE GOLDEN RULE

- To explore and understand the Golden Rule - "do unto others as you would have them do unto you."

### 2 CITIZENSHIP

- To get young people to explore the rights that we have as citizens of the UK.

The preliminary session is used to look at the importance of rights, and asks 'what rights do we have as a citizen of the UK, EU and as a member of the human race?' The concluding session is then used to explore what comes with those rights.

Responsibilities - the aim is to acknowledge that if we have rights, so does everyone else. Through group discussions and role play exercises, involving victims of hate crime, we ask the question, 'Whose rights are being abused here?'

The session concludes by exploring what responsibilities we have towards our fellow community members.

### 3 EARNING A LIVING

- To understand the importance of earning a living and of working hard and being self-reliant.
- To understand the difference between acceptable and unacceptable ways of making money, and the importance of living a dignified life.

### 4 FREEDOM OF SPEECH

- To understand what the terms 'freedom of speech' and 'respect' mean, and to think about what is more important and why?
- To explore how attitudes about 'freedom of speech' and 'respect' can impact upon society.

### 5 MULTICULTURALISM

- To explore the benefits derived from multiculturalism and to explore the negatives that have resulted from it i.e. racism, segregation and people being stereotyped due to differences in their appearance or beliefs.
- To discuss and explore 'the way forward for our community', focusing on 'community cohesion' - the need to mix more and talk to each other.

### 6 WHAT KIND OF BRITAIN DO WE WANT?

- To bring together the ideas and thinking that have developed through the **RESPECT RIGHTS RESPONSIBILITY** programme.
- To explore and draw conclusions about the kind of Britain we see at present.
- To prepare a statement about the kind of Britain we want.