

## Outcomes

A Reduction in Offences and Re-offending in Junior YIP Areas for 10-12 year olds

Offences by year	Bradford District		All Junior YIP Areas	
	Unique Cases	Total	Unique Cases	Total
2005	447	647	197	317
2006	390	597	158	243
2007	247	354	102	161
<b>Change from 05-07</b>	<b>-45%</b>	<b>-47%</b>	<b>-48%</b>	<b>-49%</b>

## Outcomes

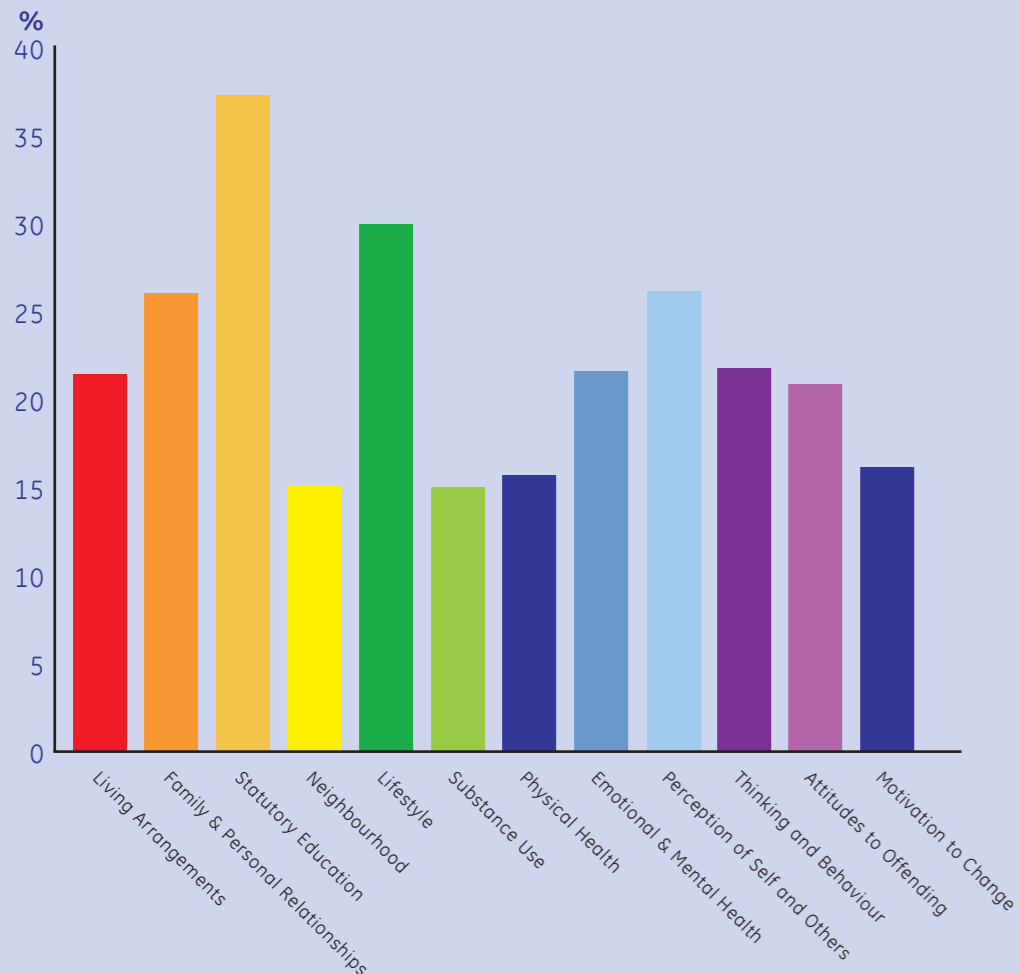
A Reduction in First Time Entrants (FTE) to the Criminal Justice System (CJS) in Junior YIP Areas

FTE by Year	Total FTE	10-12 year olds
2005	1545	307
2007	1158	183
<b>Change from 05-07</b>	<b>-25%</b>	<b>-40%</b>

## Outcomes

### ONSET Distance Travelled - 2007 Junior YIPs

The ONSET assessment has a number of areas that form the overall assessment. The graph illustrates the percentage of cases showing an assessed improvement in each of the 12 categories. The categories with the most improvements are education (38% of cases), lifestyle (30%) and perception of self and others (28%).



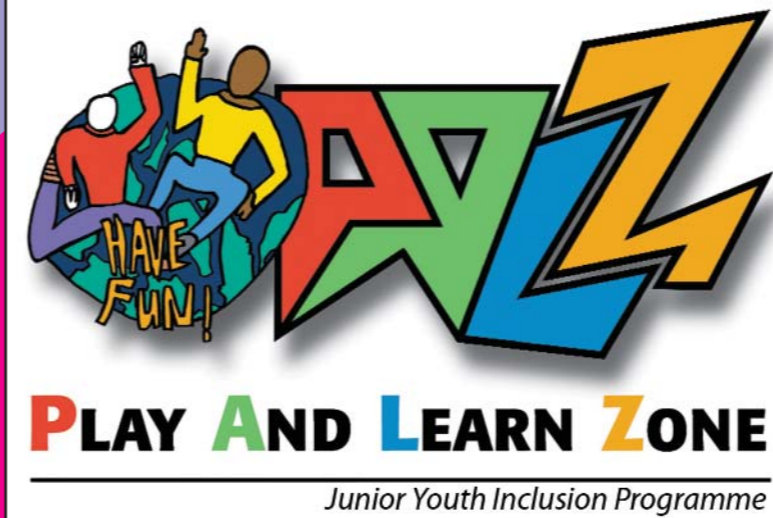
"I welcome the findings of this report which outlines the excellent work done by the PALZ projects to improve children's lives and reduce their risk of getting involved in crime and anti-social behaviour.

I want to thank the project staff and coordinators for their commitment and hard work to achieving these results. Well done!"

Paul O'Hara

Bradford Youth Offending Team Manager

BRADFORD & DISTRICT  
YOUTH OFFENDING TEAM



# Summary of Key Findings from Evaluation of Projects 2007/08

The Play and Learn Zone Programme (Junior Youth Inclusion Programme) began in 2004 funded by the Children's Fund with a focus on crime prevention. The funds established nine locally-based PALZ projects across the Bradford District. The PALZ brand, with the logo, is now well recognised across the District's schools and referring agencies and is used by all Junior YIP Providers.

Each project uses multi-agency identification and referral processes to identify the top 8-13 year olds 'Most at Risk' of committing crime/re-offending, anti-social behaviour, school exclusion and social exclusion in the Junior YIP area. They each offer a range of play and learning opportunities for a minimum of five hours per week out of school activity.

Five voluntary and statutory service providers were successful in bidding to run the projects below. They were supported by two Coordinators based at the Young People's Support Unit (YPSU), a 'one-stop' prevention hub.

### Junior YIP Areas

- Allerton, Trident and Newlands
- BD3 (On Track area) and Bierley
- Wyke
- Manningham
- Keighley and Shipley

### Junior YIP Providers

- City of Bradford YMCA
- On Track Bradford
- Joint Activities Service (JAS)
- Bradford Youth Development Partnership (BYDP)
- West Yorkshire Police (WYP)

## Key Achievements

- 48% reduction in number of 10-12 year old individual offenders in JYIP areas which is a 3% improvement on average for Bradford District (-45%).
- 49% reduction in number of offences committed by 10-12 year olds in JYIP areas which is a 2% improvement on average for Bradford District (-47%).
- 40% reduction in number of 10-12 year olds who are first time entrants into the criminal justice system.
- 63% of young people showed improvement in their assessed needs using the Onset assessment tool.
- Across the 9 projects there was 85% average group engagement and they delivered, on average, 4.2 contact hours per week, against a target of 5 hours.



## The Overarching Aims of Junior YIP

- Reduction in anti-social behaviour and nuisance in a neighbourhood
- Reduction in social exclusion
- Reduction in non-school attendance among identified young people
- Reduction in youth offending rates in identified young people
- Reduction in risk factors related to youth offending
- Increase in protective/resilience factors related to youth offending



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For copies of the full report, or more details on any of the other services delivered for young offenders and their families in the Bradford District, contact the YOT.

[www.bradford-yot.co.uk](http://www.bradford-yot.co.uk)

Keighley Police have been working with the Children's Fund since 2003 to deliver Junior Youth Inclusion Programmes (PALZ) in the Keighley and Shipley areas. The success of this scheme has been quite outstanding. Recent analysis by the Bradford Youth Offending Team has shown that from 2005-2006 the number of young offenders and offences committed by those aged 12 and under has fallen by 13% and 11% respectively in the Bradford District. In the Keighley PALZ area:



- The number of offenders under 12 have fallen by 44.8%.
- The number of offences committed by those aged 12 and under have fallen by 47.9%.

In the Shipley PALZ area, the number of offenders have fallen by 39.1%, and the number of offences committed by 30.6%. Not only has the PALZ scheme been successful at reducing crime and keeping young people out of crime but it has also had significant effects on children's behaviour at home, school and in the wider community:

- 87% of parents surveyed felt that PALZ sessions had been beneficial to their children.
- 77% of young people surveyed felt that PALZ had a definite impact in helping them at home/school.

"As a school we hope the funding can continue, if PALZ did not exist there would be a big hole in the provision for young people" - SEN Co-ordinator, Eastwood Primary School

"One element which has improved since the early days is the increased contact with schools. We have valued our interaction with us, not least because it shows the students that we are working together for their benefit." - Greenhead High School

Shipley PALZ group won the award for 'Enterprise and Aspiration' in the 2007 Bradford Young Citizens Awards for their work on 'achieving economic well-being'.

**Learning Points**

Windhill Church Hall and the Highfield Centre, Keighley - provide accommodation for the educational and diversionary activities. "We have been very pleased that the Palz group have been meeting in our church over the past years. The church congregation appreciates the way that they have helped with tasks in the building (e.g. setting out the chairs for worship on Saturdays). I'm sure this helps develop a respect for the place and the needs of other people." - Christchurch, Windhill

All the photographs used in this summary were taken at the PALZ TAG event held in May 2008 at Byron Primary School on Barkerend Road.



PALZ has been running in the Wyke/Delph Hill area of Bradford since 2004 and intervention is the key to improving this type of area and the lives of the young people that live in them.



The project has key elements of play, education and social development.

The project uses the Delph Hill Community Centre, a centre in Buttershaw and they have access to the BMEP facilities and Wyke Manor to use their sports fields for sporting events and activities.

"We are developing joint working practices with other JYIP/PALZ providers to share resources, ideas and service standards." Eric Gibbs MBE - JAS/BMEP Project Manager

"I've learnt that there are different drugs and some of them are bad for you and some of them are good for you and they could kill you and some of them are good for you and help you to get better. I have learnt more about why we should not smoke or take drugs when we get older." - Young person's quote after a PALZ session with the Drug and Alcohol Team

"One particular pupil that has been referred to a referral unit out of main stream school has certainly benefited from having PALZ involvement... a representative from PALZ was present at a multi disciplinary meeting." - Gill Hibbert- High Fernley Learning Mentor

**Case Study**

We have one young person who has been with us since January 2005 and is currently still attending PALZ. He has been supported through insecurities about himself and his unconventional home life and he was supported through the transition to upper school as his primary school felt this would be a difficult and challenging time for him. He has been attending a sports mentoring program from RAMP and a buddy/mentoring program designed and delivered by the JYIP co-ordinator.

Due to this input he has now built up an interest in sports which has improved his confidence and social skills. He is stable in his Upper School and he has taken up out of school sporting activities which have decreased his needs for the program and he is almost ready to be exited from PALZ. He has just received a medal as we nominated him for a Bradford young citizens award in the Stay Safe category and he reached the final three in the 11+ age category for his ongoing achievements.



Manningham PALZ BYDP has delivered the PALZ programme in Manningham since the initial Youth Justice Board pilot in 2004. This early focus was on improving school performance. Since then the project has evolved and now concentrates on preventing offending. The project provides its services through two after-school clubs, and all-day Saturday clubs, an evening junior youth session, holiday provision and one-off activities.



"PALZ had such a big part to play in this child's life. Staff had a lot of respect for him and he had a lot of respect for them. He looked to Zirak for guidance. If there is anything going on in his life it is Zirak - he will go to because he trusts him. PALZ was a lifeline to this child" - Children's Service

"They are successful because they have male mentors and our users are mainly boys. They know the culture and religion." School Inclusion Manager

"They have shown a fantastic commitment to the young people in leadership and guiding. They are absolutely remarkable." - Vicar, St Paul's Church, Manningham

"A year or so ago we almost stopped PALZ, we weren't that sure of its value. They were not challenging behaviour enough. We talked about it and they have adopted a more structured approach. The children's behaviour is much better... and they have respect for workers as well as liking them. This openness to change to meet our needs is great." - School Stakeholder.

On Track is a crime prevention programme based in the Bradford Moor area of Bradford and working with children aged 4 to 13 at risk of social exclusion and future offending. On Track runs two Junior YIPs, one in the On Track, BD3 area and one in Bierley.



- There were 165 sessions of On Track PALZ and 276 session of Bierley PALZ.
- The average hours on On Track PALZ were 4.9 hours and on Bierley PALZ 5 hours.
- The average monthly engagement was 94.5% on Bierley PALZ and 98.9% on On Track PALZ.

There have been many examples of positive feedback from schools - "...made very good use of the computer clubs and produced his own website. At the end of Year 6 he won the award for outstanding contribution to ICT which is displayed in the school's reception."

"He has shown a big improvement in school, more effort in lessons", and from a parent, "...behaving better at home, listens more."

Feedback from the parent of a young person was that he had benefited from the activities, "He has been a lot better with other kids of a different race."

In the Summer term 2007 the JYIP Coordinator at YPSU set up a Buddies programme in partnership with On Track, whereby a group of young people from On Track PALZ and Bierley PALZ were trained as Buddies and delivered parts of the sessions at the Bierley PALZ youth club. One of the participants said, "Buddies is where young people help PALZ and On Track kids and help the workers look after the children."

The Family Welfare Association (FWA) was commissioned in 2006 to deliver 20 parenting interventions to parents of young people on the PALZ programme. The parenting support was designed to develop communication within the family, enable parents to have more confidence in their own skills and abilities, and the confidence and skills to recognise, challenge and effectively manage their child's behaviour.



One parent offered the following feedback, "The work is very good .... it helps parents to deal with parenting problems in a positive way." and another noted, "Being able to talk to someone about things that are going on at home with regards to parenting helped me to cope better at home."

Some of the parents worked with reported improvements including positive changes in their children's behaviour, trying to listen to their children more and praising them more.

One mother noted, "The things I have noticed is the way which I have learnt to deal with my boys when they are misbehaving. We have done a load of different ways and some will work in dealing with the boys. It has given me a new look on how things are now."

In a large percentage (64%) cases staff evaluated that parents had low levels (0) of parenting skills, all parents improved their parenting skills with 74% reaching a level of 5.

Bradford YMCA delivers PALZ, in three areas of Bradford - Allerton, Newlands (covering Fagley, Thorpe Edge and Ravenscliffe) Trident (covering the West Bowling and Canterbury wards)



"When dealing with children with behaviour issues consistency is very important, this is really crucial and it seems that this is in place with Lynne... I have now referred four young people to PALZ as a result of Lynne Cunningham coming in to talk to me again about PALZ now that staffing issues have been resolved." Mrs Keogan, Head Teacher, Fagley Primary School.

"Each of the children have benefited in a different way and all have improved to an extent that there has been an improvement of some kind at school." Katherine Barraclough - Acting Head, St. Matthew's Catholic Primary School, Allerton

"I am certain PALZ has a positive influence on these youngsters, giving them somewhere to go, cultivating outside interest, providing positive role models, with appropriate boundaries and showing them an alternative to roaming the estate causing trouble." Sandie Smith, Learning Mentor, Parkland Primary School

The introduction of a Pick up and Drop off service for Young People has also increased attendance in the project. This service takes the burden off parents and makes it easier for young people to attend get involved

Healthy food is prepared for the young people as it is recognised that eating a nutritionally balance meal promotes concentration as well as linking in with the inclusion of ECM outcome be healthy. "Another practice that works well is sitting down with the young people to eat as a group. Nobody starts until everyone is ready and all of the staff join in on a level with them. A lot of the young people don't sit down for meals together so this is a positive change for them."